

Backpacking Checklist for Troop Overnighter

The following is a list of equipment that would be useful on the campout. This list is not all inclusive. Add / take away what you feel is necessary. Check off each item in pencil as you lay out your equipment pack.

Ten Essentials

- First aid kit
- Flashlight or headlamp, bulb, batteries
- Sunscreen / Sunglasses
- Compass
- Repair kit (tent tape; extra pack straps/buckles; Swiss Army knife or Leatherman)
- Waterproof matches / Lighter
- Extra food (beef jerky; trail mix; dried fruit, etc)
- Water including Purification tablets or filter
- Tent or tarp, poles, and stakes (or buddy up with somebody)
- Extra socks, shoes, underwear, other extra clothing

Camping Equipment

- Waterproof ground tarp
- Internal Frame or External Frame Backpack (backpack trips)
- Sleeping bag, pillow, air mattress or pad
- Stove, extra fuel, cooking utensils
- Cup, bowl, plate, knife, fork, spoon, mesh bag
- Clothesline / Clothes Bag
- Poncho or raincoat
- Warm jacket or coat
- Sleeping clothes
- Durable shoes, shoe laces (sturdy shoes that are suitable for hiking will be useful).
- Hat or cap
- Gloves

Extra Gear for Car Camping – Not Needed

- Camp chairs
- Cooler or ice chest
- Cot or pad

Toilet Kit

- Toothpaste, toothbrush, comb
- Washcloth, towel
- Soap in container (unscented)
- Toilet paper

Extras

- Extra plastic bag or container
- Insect repellent
- Whistle
- Safety pins
- Camera
- Binoculars
- Notebook and pencil